



2023 Isanti County Fair Hot Dish Contest Winner!!

American Goulash

1 lb. ground beef
1 onion chopped
1 carrot shredded
2 tsp. soy sauce
28 oz. can of tomatoes blended
Broth (whatever much to not so dry)

Pasta (however much you want, but not too much)
2 bay leaf
1 cup mozzarella cheese
Fresh herbs, whatever
Salt & pepper to taste

Brown beef, add carrot, onion, saute. Add seasoning, tomatoes and broth, bayleaf and simmer 20 minutes. Add pasta and cheese. Bake 350 for 20 minutes. Top with fresh herbs..